



Newsleak

March 2010

Chamber Events

General Membership Breakfast Meeting

Thursday, March 4

Networking begins at
7:15 am

Meeting starts at 7:30 am

Location: **The Grange Café**
15611 Main St NE Duvall
NEW Cost: \$10.00 each

Speaker:

Sue Mackey

Navigating Your Life & Adversity

Door Prize donated by:

Baily's CC Espresso
Val Roney Counseling

Business Education

If you have a business topic you'd like to explore, or you would like to be a presenter, please call our Chamber office at 425-788-9182

Advertise Your Events in

Our Calendar!

If you have a community event coming up, please contact the Duvall Chamber office and we can include it on our Events Calendar.

Advertise your business in the Newsleak

Business card size ads \$25/mon.
Call the Chamber office for info
425-788-9182

Business Spotlights

March 4th Meeting Speaker

Sue Mackey - NAVIGATING YOUR LIFE & ADVERSITY With Practical & Observable Intelligence

Learn what self-help books, memoirs and seminars about success and motivation don't tell you. The real reasons some succeed and others can't figure it out will be revealed.

Learn what academia is really good at and where they fail the learner and why MBA programs are finally getting it: "You're hired for what you can do; you're fired for who you turn out to be." What's behind 'who we turn out to be?'"

Discover how and why some people will slide through the economic crisis and others will struggle. It will take practical and observable intelligence to navigate the rapids and currents.

When adversity fully engulfs you, navigate through it, skillfully.

Learn the skills you need to cope, manage, survive and thrive in turbulent times.

Sue Mackey is an internationally known author. Her books include Living Well, Working Smart: Soft Skills for Success; Women Navigating Adversity: The Courage They Didn't Know They Had; Kids Navigating Life workbooks and the Twelve Pillars of Success workbook. The Mackey Group, www.mackeygroup.com, has international recognition for the development of skill standards for use in the public and private sector.

Gardens Alive Design

"...designing gardens that make you smile"

Would you like to entertain outdoors amongst black glazed pottery overflowing with coral flowers, exotically colored leaves and silver grasses? Could you encourage your family to eat crunchy pea pods, dig red potatoes, and savor artichokes bursting with flavor? Should you consider the benefits of additional peace & seclusion that a row of hearty hedges would provide?

Gardens Alive Design will empower you to garden for parties, pleasure, and purpose. During the complimentary Introductory Consultation, you will be able to discuss your gardening dreams and limitations. The bid that follows offers 4 levels of design support to not only fit within your budget but assist you with the knowledge that you need to transform and sustain your gardens.

In addition to 4 levels of design services, Gardens Alive Design also offers:

Gardens Alive Design; Coaching - from pruning, to seed starting, to most garden needs

Gardens Alive Design; Annual Support - the one year check-up with a review of photos, gardening desires, and the steps to get you there

Gardens Alive Design; Perennial Support - monthly phone consultations tailored to your gardening tasks, hurdles, and triumphs

Gardens Alive Design; Plant and Supplies Purchasing - delivers the soils, materials, plants, and fabulous pottery to move your gardens from now to WOW!

Kirsten Lints of **Gardens Alive Design** provides the mentoring, enthusiasm, and skill that marry the right plant with the right place for the right person. She will enable you to not only learn about gardening, but to love your outdoor space.

Visit the [Gardens Alive Design](http://www.gardensalivedesign.com) website at www.gardensalivedesign.com or call 425.318.2971 to set up your complimentary consultation.

The Chamber President's Corner



Marcelina McGinnis
Coldwell Banker Bain
Real Estate

15410 Main St. NE, Suite E
Duvall, WA 98019
206-817-4710

First and foremost, thank you to all the members who volunteered for our first of three Chamber fundraisers:

- Mary Lou Dreher, *Three Hour Fast*
- Bob Hambly, *Three Hour Fast*
- Tracy Lewis, *The Linnerooth Team - RE/Max*
- Sue Linnerooth, *The Linnerooth Team - Windemere*
- Shaun McWhinney, *McPhoto*
- Kris Wentworth, *Valley Voice Weekly*
- Michelle Grant, *Wreck-A-Mend Auto Body*
- Laurel Nehl, *The Laurel Tree*
- Sharon Beba, *Duvall Chamber*
- Janie Backstrom, *Duvall Chamber*
- Beth Neibert, *Send Out Cards*
- Tori Neibert, *Send Out Cards*
- Erin Muir, *Wells Fargo Home Mortgage*
- Susan Jenkins, *NW Art Center*
- Kathy Doolin, *Quickbooks Bookkeeping*
- Peggy Kahler, *Bank of America Home Loans*
- Caron Glickman, *Caron Nelson Glickman, DDS*
- George Westerlund, *I.W. Mechanical*
- Mary Westerlund, *I.W. Mechanical*

Last month, I gave you a heads up on a project that the Chamber will be working on. We were requesting all professional and amateur photographers, and any business owner with a digital camera to supply the Chamber with photos of Duvall's shops, restaurants, attractions and recreational opportunities. Now, more specifically, the Chamber is looking for business owners to supply us with photos of their store fronts and all Duvall activities including: Duvall Farmers Market, Duvall Days, Sandblast, Summerstage, Movies in the Park, DirtyPaws Dog Walk, Quilt Show, Sno Valley Trail, McCormick Park, boating/floating/inner tubing the river, or any of our beautiful lakes; fishing and duck hunting on the Department of Fish and Wildlife land to the north and south of town. If you have or know someone who has great shots, please have them email the Chamber office at info@duvallchamberofcommerce.com. With the help of OvalEye Web Solutions, the Chamber is looking to improve the look and feel of our website and become a better tool for the community. If we get high caliber photos, we'll pass them onto our sister tourism website OutsideSeattle.org

Again, I'm dedicated to making every member a success! I will be happy to meet with each and every business owner to discuss your business and how the Chamber can be of more value to you. We all need to work together to be successful. If you have any suggestions for this coming year, please feel free to contact me anytime at (206) 817-4710, or marcelinamcginnis@cbba.com. I want to hear from you.

2010 Business After-Hours Networking

We are looking for hosts for the 2010 After-Hours Networking events.

Most will be held on the second Thursday of each month (March - November) from 6-8 pm, but check for details.

This is a great way to spotlight your business and let people know what you are all about. Please contact the Chamber office at 425-788-9182 if you would like to host an event, or get more information.

- March 10 - Valley Homes & Land (see pg.6 for details)
- April 8 - CamWest
- May 13 - Host needed
- June 10 - Host needed
- July 8 - NW Art Center
- August 12 - Host needed
- September 9 - Host needed
- October 14 - Host needed
- November 11 - Host needed

2010 Duvall Chamber of Commerce

OFFICERS

President

Marcelina McGinnis
Coldwell Banker Bain
206-817-4710

Vice-President

Bert Mills
Edward Jones Investments
425-402-6950

Treasurer

Kathy Doolin
QuickBooks Bookkeeping
206-947-0434

Secretary

Sandy DuVall
DuVall's Dazzling Designs
425-788-9824

Past-President

Peggy Kahler
Bank of America Home Loans
425-844-6080

DIRECTORS

Shaun McWhinney
McWhinney Photography
206-755-7127

Kathy Nelson
Ovaleye Web Solutions
425-844-2303

Susan Jenkins
Northwest Art Center
425-788-5900

Michael Nehl
The Laurel Tree
425-788-2590

Aaron Keating
A Locksmith
206-381-1622





Lin Zhou
Lake Washington Technical College
425-739-8100

CHAMBER OFFICE HOURS

| | |
|------------------|---------------------|
| Monday | 8:30 - 2:00* |
| Tuesday | 8:30 - 2:00* |
| Wednesday | 8:30 - 2:00* |
| Thursday | 8:30 - 2:00* |
| Friday | 8:30 - 2:00* |

*Sometimes we may be out visiting businesses. Please call prior to your visit to make sure we are in.

Local Happenings

- Feb. 27 Casino Night- Sno-Valley Senior Center 7:30 PM**
 \$15 for unlimited play. Black Jack, craps, roulette, food and no host beer & wine bar.
 Proceeds are split between Cedarcrest HS Senior class and the Senior Center.
 Donations also needed for raffle baskets
 Contact Kim Lisk at 425-333-4855 or kimlisk@comcast.net
- 
- March 1 Duvall Historical Society Meeting 7:30 PM**
 Dougherty House, 26526 NE Cherry Valley Road, Duvall
 For more information, please visit: www.DuvallHistoricalSociety.org
- March 2 Old Skills for a New Time - Building a Self Reliant Pantry**
 Sno Valley Senior Center 425-333-4152 4610 Stephens St, Carnation
 5:30 Dinner or just class from 6:30-8:30pm \$5/class \$2/children's activity
 Learn how bulk buys from farmers can quickly build your larder on a tight budget
 Maximize your nutrition on a shoestring budget.
- March 8 Carnation/Duvall CERT (Community Emergency Response Training)**
 Classes begin 6:30 - 9:00 PM for 8 week session at the Carnation Fire Station
www.carnationduvallcitizencorps.org or call Tom Redmond 425-788-2844
- March 9 Old Skills for a New Time- Basic Sewing Skills**
 Sno Valley Senior Center 425-333-4152 4610 Stephens St, Carnation
 5:30pm Dinner or just class from 6:30-8:30pm \$5/class \$2/children's activity
 This class will introduce you to important sewing equipment, show you various tricks of the trade and inspire you to work on a project
- March 10 Duvall Chamber Mixer at Valley Homes & Land (see page 6 for details)**
- March 11-20 Serendipity Photography- Spring Ducklings**
 Portrait sessions with your children and our baby ducklings.
 Check the web site for more info and how to reserve your time
www.serendipitypics.com 206-947-4686
- 
- March 13 Sno-Valley Senior Center Dinner 4:30 & 6:00 seatings**
 \$15/person Prime Rib, Salmon, or Chicken
 Call 425-33-4152 for reservations
- 
- March 14 Daylight Savings Time Begins- Remember to spring forward!**
- March 16 Old Skills for a New Time- Core Recipes Using Local Foods**
 Sno Valley Senior Center 425-333-4152 4610 Stephens St, Carnation
 5:30 Dinner or just class from 6:30-8:30pm \$5/class \$2/children's activity
 Learn and share recipes that can serve as the basis for a wide variety of meals.
- March 17 Happy Saint Patrick's Day**
- 
- March 23 Old Skills for a New Time- Raising Backyard Chickens**
 Sno Valley Senior Center 425-333-4152 4610 Stephens St, Carnation
 5:30 Dinner or just class from 6:30-8:30pm \$5/class \$2/children's activity
 Learn everything you need to know: choosing breeds, where to get chickens, how to care for them, housing, predator protection, & local regulations
- March 24 King County Office of Emergency Management presents earthquake preparedness training.**
 Location: Duvall Fire Department beginning at 7 pm (see page 5 for more details)
 Contact Kathy Brasch at 425-788-8260 or info@carnationduvallcitizenscorps.com
- March 30 Old Skills for a New Time- Baking**
 Sno Valley Senior Center 425-333-4152 4610 Stephens St, Carnation
 5:30 Dinner or just class from 6:30-8:30pm \$5/class \$2/children's activity
 Shirley Patterson will teach you how to make basic oatmeal dough that can be used for a variety of healthy recipes including breads, cinnamon rolls and dinner rolls.
- April 7 First Heritage Bank- Free Small Business Administration Seminar**
 7:00 - 8:15 PM Monroe Branch 19500 Hwy 2, Monroe
 call 360-568-0536 for more details and registration

Local Happenings (con't)

SPRING INTO CERT!

You may be asking yourself just what is CERT? It stands for Community Emergency Response Training, and teaches citizens how to care for their families, neighborhoods & communities in the event of a disaster or emergency. Classes include training on topics including medical triage, disaster preparedness, use of a fire extinguisher and disaster psychology.

Have you been telling yourself that you or your _____ (fill in with: spouse, neighbor, favorite uncle, etc.) really need to take a CERT class? Well, here's your chance! Spring classes begin on **March 8th at the Carnation Fire Station**. Classes will run on Monday nights from 6:30-9:00 p.m. for 8 weeks. Can't make all of the classes? Contact us regarding make-ups. Already taken CERT? You can also attend classes as a **refresher course for NO CHARGE** – just fill out the form and send it in to register.

You can find the registration form at this link to our website: www.carnationduvallcitizencorps.org and sign up today! For more information contact Tom Redmond at 425-788-2844 or CERT@carnationduvallcitizencorps.org.

Volunteers Needed at the Duvall Farmers Market

The **Duvall Farmers Market** is seeking volunteers to assist the market from May 6 - September 30, 2010 (22 week season). Volunteers are greatly needed for help with either set-up or tear-down of the Market's equipment each Thursday and are able to sign up now to select dates. Set-up begins at 11:30 am with tear-down beginning at 7 pm when the Market closes. Time required is approximately 1/2 hour - 45 minutes

The market is also seeking individuals to head specific volunteer Coordinator positions for the following areas:

- Kids' Activity Coordinator
- Music Coordinator
- Non-profit Coordinator
- Special Events Coordinator
- Information Booth Coordinator

Laurie Gilbertson was diagnosed with Breast Cancer this past October and will be continuing her treatment into June/July. Your help is greatly needed!

If you or someone you know would like to help out or for more information regarding a specific position, please contact Laurie Gilbertson directly at 206-999-2257 or by email: DuvallFarmersMarket@msn.com or Sandy DuVall at 425-765-1546 or by email: sandyd@cablespeed.com.



Friday Night Surprise at Re-In Carnation Thrift Store

New hours on Friday, now open until 6PM

Just to add a little fun, they will have grab bags on sale.

Look for collectable dolls, toys, jewelry and more.

It's not just a thrift store- it's a treasure store!

Located ½ block off the Highway 203 on Commercial Street it can help you de-clutter by providing a useful avenue to dispose of items you no longer use, without being wasteful. In addition you can find almost anything you may need without having to buy "new", and the prices are great too!

Stop by Tuesday-Saturday between 10:00am and 4:00 pm and see how the Sno-Valley Seniors can help you live greener today.

FREE LOAN SEMINAR

SBA

- Start your own business
- Expand your existing business
- Purchase new equipment or real estate
- Refinance existing business loans

WEDNESDAY, APRIL 7, 2010
7:00 - 8:15 p.m.
 Speaker: Christine Heckert
Monroe Branch
 19500 Highway 2
 Seating is limited!
RSVP at 360-568-0536

First Heritage Bank

The Greatest Small Business Bank

| | | | | | |
|--|---|--|---|--|--|
| ARLINGTON 404 N. West Ave 360-435-5545 | EVERETT 1310 Everett Ave 425-303-1800 | MARYSVILLE 9417 State Ave 360-659-6312 | MONROE 19500 Highway 2 360-794-6008 | SNOHOMISH 167 Lincoln Ave 360-568-0536 | WOODINVILLE 13300 NE 175th St 425-485-6700 |
|--|---|--|---|--|--|

#1 Local SBA Lender in Snohomish County

February 2010 Chamber Memberships

The Chamber would like to extend a warm welcome to our new members for February:

Stephen Duex , Long Term Care Insurance Specialist

32500 NE 129th Pl, Duvall, WA 98019

206-799-2955

sduex@msn.com

Dennis Schauls, CamWest

Duvall, WA 98019

206-310-0197

dschauls@johnlscott.com

www.camwest.com

In addition we want to thank our renewing members.

We appreciate the businesses that have renewed their membership in February:

Bailey's CC Espresso 425-788-9718

Bearabout 425-844-9100

City of Duvall 425-788-1185

Duvall Auto Parts 425-788-1578

Duvall Church 425-788-1010

Duvall Foundation for the Arts 425-788-3928

Duvall Veterinary Hospital 425-788-2620

Edward Jones - Bert Mills 425-402-6950

JP Landscape Services 425-844-2816

Purdy & Kerr w/Dawson Funeral Home 360-794-7049

Sno-Valley Family Medicine 425-788-2490

Thrive Community Fitness 425-844-8188

Twin Dragon Restaurant & Sports Bar 425-788-5519

Valley Shell & Liquor 425-788-0720

Wells Fargo Bank 425-836-2020

Member-to-Member Benefit Program

Shopping locally is one of the best ways to build a stronger, more prosperous community. The Duvall Chamber would like to implement a Member to Member Benefit program. To promote shopping locally your business would give a discount to Chamber members who do business with you. You decide what the specifics of your offer would be. The discounts would be published in our monthly newsletter.

If you would like to offer your fellow Chamber members a benefit for doing business with you and encourage shopping local, please contact the Chamber office at 425-788-9182, or email info@duvallchamberofcommerce.com. You may also contact our Chamber President, Marcelina McGinnis at MarcelinaMcGinnis@cbbain.com.

Help invest in your community's development. Every dollar spent at a locally owned business generates about three times more regional economic activity than a dollar spent at national chains.

King County Office of Emergency Management presents earthquake preparedness training

Timothy Doyle of the King County Office of Emergency Management will guide local citizens on steps to take before, during and after an earthquake. The training session will cover ideas on "3 Days – 3 Ways" regarding how to prepare and keep your family safe. This seminar will be held at Duvall Fire Department on Wednesday, March 24th, starting at 7:00 p.m. and is open to the public. For information about the class call Kathy Brasch at (425) 788-8260 or email info@carnationduvallcitizencorps.com.

Duvall Chamber Mixer
March 10th 5:00-7:00 PM
at

Valley Homes & Land
4475 Tolt Ave (Hwy 203)
Carnation, WA 98014

Hosted by Ann Wassink & Jane Hartwell

Come see all they have to offer for art-
work, home décor, gifts and your real es-
tate needs. Make new acquaintances
and visit with old friends.

Refreshments available
\$10/person

Call the Chamber office for reservations
at 425-788-9182.

Tax Facts

The Department of Revenue's main com-
prehensive tax publication - **Tax Facts** -
is now being published online only at
[http://dor.wa.gov/Content/
GetAFormOrPublication/TaxFacts/
default.aspx](http://dor.wa.gov/Content/GetAFormOrPublication/TaxFacts/default.aspx). The PDF publication is
posted on the Department's web site and
contains articles about tax filing tips, new
services and resources, and newly
issued rules and notices.

An advantage of the online PDF format is
that it allows for links to be placed in the
publication making additional information
on a particular subject easier to get to. In
addition, the publication is easy to print if
you choose to do so. If you're unable to
print Tax Facts, contact us at
<http://dor.wa.gov/content/ContactUs/>
and we'll mail or fax you a copy.

PRESORTED
STANDARD
US POSTAGE
PAID
PERMIT NO. 49
DUVALL, WA
98019

Skip the mall,
SHOP
DUVALL!



CHAMBER OF COMMERCE
P.O. Box 581, Duvall, WA 98019
RETURN RECEIPT REQUESTED